



Luiza Spiru, MD, PhD

Short CV

Official positions

- Professor of Geriatrics, Gerontology and Old Age Psychiatry since 2013, Chair of the Department within “Carol Davila” University of Medicine in Pharmacy in Bucharest since 2004.
- Head of the University Department of Geriatrics within “Elias” University Emergency Clinic Hospital in Bucharest since 2003.
- President of the Ana Aslan International Foundation (AAIF), established in 2000 in Bucharest – an NGO dedicated to create, develop and deliver state-of-the-art education & research programs and medical services in the field of brain aging. I am the Executive President of Ana ASLAN International Academy of Aging – the educational forum of AAIF.

Qualifications, competencies, expertise

- I acquired three specializations: internal medicine (1994), geriatrics gerontology (1998) and old age psychiatry (2003); I am also certified in the Management of Health Care Services (2003).
- My professional expertise covers multiple and diverse competences, from basic domains such as molecular medicine and neuro-psycho-pharmacology, through the up-to-date diagnostic techniques & treatment methods of memory diseases, towards integrating the innovative IT&C solutions for the senior patients; everything under the paradigm of integrated, preventive and personalized approach – the essence of Longevity Medicine.
- I also perform managerial, academic, editorial and research activities - by coordinating EU funded R&D projects that aim at the development, promotion and use of assistive technologies solutions for seniors, especially for those with special cognitive needs; when acting as principal investigator in clinical trials, by editing the Brain Aging International Journal and through organizing numerous scientific educational events in the field of Cognitive Impairment, Dementia and Brain Aging Research.

Main Achievements

- Created and implemented the curricula of Geriatrics and Gerontology in the University Medical Program as a new, officially recognized, 5 year specialty in Romania (in 2001);
- Established the first Alzheimer Unit in Romania in 1999 – in accordance with most modern european standards of care in AD
- Coordinated the creation of a new Curricula and Syllabus in Brainaging and delivered training courses for more than 3,500 specialists and nurses between 2010-2013
- Authored 3 treatises on Geriatric medicine, 6 guides on the diagnosis and treatment of Alzheimer’s disease and related dementias, having over 150 published articles in international journals and books of proceedings.
- From 1996 I have been involved in more than 20 EU funded research projects as medical expert and coordinator / project manager.

Memberships, appointments, accreditations

- Appointed EU Commission Expert as evaluator & rapporteur for the project applications under EU calls - FP6, FP7, AAL and Horizon 2020. Invited to act as Vice-Chair during the Ethic Review of MSCA-IF-ST-2014.
- Accredited by the European Alzheimer’s Disease Consortium and Alzheimer’s Europe as an international expert in cognitive impairment and dementia diagnosis and treatment.

- National Representative of the European Association for Predictive, Preventive and Personalized Medicine since 2010.
- Appointed and acting as the President of Specialist's Consulting Commission of Geriatrics-Gerontology for the Romanian Ministry of Health between 2009 - 2016.
- Member of 22 international professional associations